

BASKETBALL FREE THROW REGIONAL CHAIRMEN & DISTRICTS
LES PRÉSIDENTS RÉGIONAUX & LES DISTRICTS DU LANCER-LIBRE DE BASKETBALL

Region	Area	Districts	Regional Chairman	Address	Contact
1	Windsor & Chatham	10, 21, 23, 39, 51, 76, 88	Ken Bosse Dan Pergolesi	910 Talbot Rd. East Wheatley, N0P 2P0 10792 Winslow Rd. Windsor, N8R 1C5	(519) 566-9968 skkenkc@hotmail.com (519) 735-6253 dan.pergolesi@gmail.com
2	Southern Half of Golden Horseshoe & Owen Sound	6, 7, 11, 26, 28, 35, 55, 60, 62, 67, 69, 80, 83, 100, 109	Gregory Loughheed	1629 Sandusk Rd. Jarvis, N0A 1J0	(519) 718-3649 dd100@ontariokofc.ca
3	East GTA	5, 36, 63, 65, 70, 77, 87, 90, 95, 97, 107, 108	Eardley Adams	15 Waterwheel Street Markham, L3P 6M5	(905) 554-1997 eardley.adams@ymail.com
4	North & West GTA, Simcoe, Perry Sound & Muskoka	19, 24, 27, 33, 43, 50, 53, 86, 91, 96, 99, 102, 103, 106, 110	Ron Frank	140 Meadowvale Court Bolton, L7E 3H3	(416) 602-0796 frank_6@sympatico.ca
5	Sault Ste. Marie, Sudbury, North Bay	13, 25, 41, (47), (74)	Dennis Tomini	PO Box 1024 - 35A Diorite Street Copper Cliff, P0M 1N0	(705) 920-9097 dennistomini@gmail.com
6	Timmins & Surrounding Area	(12), (52), (71)	Vacant		
	Thunder Bay & Northern Lake Superior Area	14, 46	Vacant		
7	Greater Ottawa, Pembroke, Perth, Carleton Place, Kemptville	1, 2, (17), 30, 44, (54), 66, 79, (85), 92, 98, 101, 104	Mark McAvoy	45 Eastpark Dr. Ottawa, K1B 3Z6	(613) 830-3032 markmcavoy@bell.net
8	London & Sarnia	9, 22, 49, 61, 72, 84	Vacant		
9	Brockville, Cornwall, Kingston	20, 32, 58, (75), 93	Renald Bombardier	337 Andre Ave. Cornwall, K6J 3A2	(613) 362-0972 renaldbombardier@hotmail.com
10	Belleville, Peterborough	3, 4, 29, 48, 73, 82	Kevin Heffernan	1401 White Cres. Peterborough, K9K 2L5	(647) 775-5448, (705) 930-3848 robkevehffernan@nexicom.net