

COR Training Evangelization & Faith Formation

DECEMBER 2023



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Cor Overview

- ▶ “Cor ad Cor Loquitor” – St. John Henry Newman
- ▶ “Cor will be a game changer” and is “laying a foundation for our future” – Supreme Knight, Patrick Kelly
- ▶ Bring men together regularly for shared prayer and formation
- ▶ Permission of the Pastor
- ▶ Dedicated Leadership – Council EFF Director
- ▶ Outside of council executive and business meetings
- ▶ Open to all men of the parish



Key Elements

► Prayer

- Formal prayers – Rosary, Adoration, Chaplet of Divine Mercy

► Formation

- Into the Breach – Video Series and Study Guide
- Men of the Word Bible Study – The Good News
- Into the Breach – The Mission of the Family

► Fraternity

- Brotherhood centred on Christ



Cor Modeling Session

- ▶ We will model Cor as if we were at our home parish/council.
- ▶ This session of Cor will be shorter than normal and will have condensed fraternal conversation time within the discussion portion of video series.
- ▶ Every opportunity is an opportunity for instruction, presume nothing and provide any necessary resources to help ie. Slides for Chaplet
- ▶ Cor is completely voluntary, even though you are a “captive audience”, please open yourself to a time of prayer and encounter with our Lord.
- ▶ Small group conversation at your tables.
- ▶ All resources for this example of Cor can be found on the kofc.org webpages and ordered on Supplies Online.



How to Run a Cor Session

- ▶ Set up
- ▶ Welcome & Opening Prayer
- ▶ Introduce Theme or Focus
- ▶ Cor Content – Prayer, Formation, Fraternity
- ▶ Wrap up
- ▶ Closing Prayer



Opening Prayer

St. Augustine's Prayer to the Holy Spirit

Breathe in me, O Holy Spirit, that my thoughts may all be holy.
Act in me, O Holy Spirit, that my work, too, may be holy.
Draw my heart, O Holy Spirit, that I love but what is holy.
Strengthen me, O Holy Spirit, to defend all that is holy.
Guard me, then, O Holy Spirit, that I always may be holy.
Amen.



Into the Breach: Mission of the Family - Session 1



The Catholic Family in a Post-Christian World

Discussion Questions

1. Did anything stick out or strike you during the video (5 min.)
2. Supreme Knight Patrick Kelly recalls the famous striking phrase of Sr. Lucia, that “the final battle” between the kingdom of Christ and that of Satan would be over marriage and family. (5 min.)
 - a) What do you think is so threatening about marriage and family life to Satan’s plans?
 - b) Supreme Knight Kelly closes with Sr. Lucia’s admonition not to be afraid. Why? “Our Lady has already crushed the serpent’s head,” writes Sr. Lucia. What does this mean for us?



Bricks for the Breach

“Men, do not hesitate to engage in the battle that is raging around you, the battle that is wounding our children and families, the battle that is distorting the dignity of both women and men. This battle is often hidden, but the battle is real. It is primarily spiritual, but it is progressively killing the remaining Christian ethos in our society and culture, and even in our own homes.”

(Bishop Thomas J. Olmsted, Into the Breach)



Prayer – Chaplet of Divine Mercy



Prayer – Chaplet of Divine Mercy

First bead – Optional Opening Prayer:

V. You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty yourself out upon us.

Repeat three times:

V. O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us,

R. I trust in you!



Prayer – Chaplet of Divine Mercy

For each of the five decades

On each "Our Father" bead of the rosary, pray:

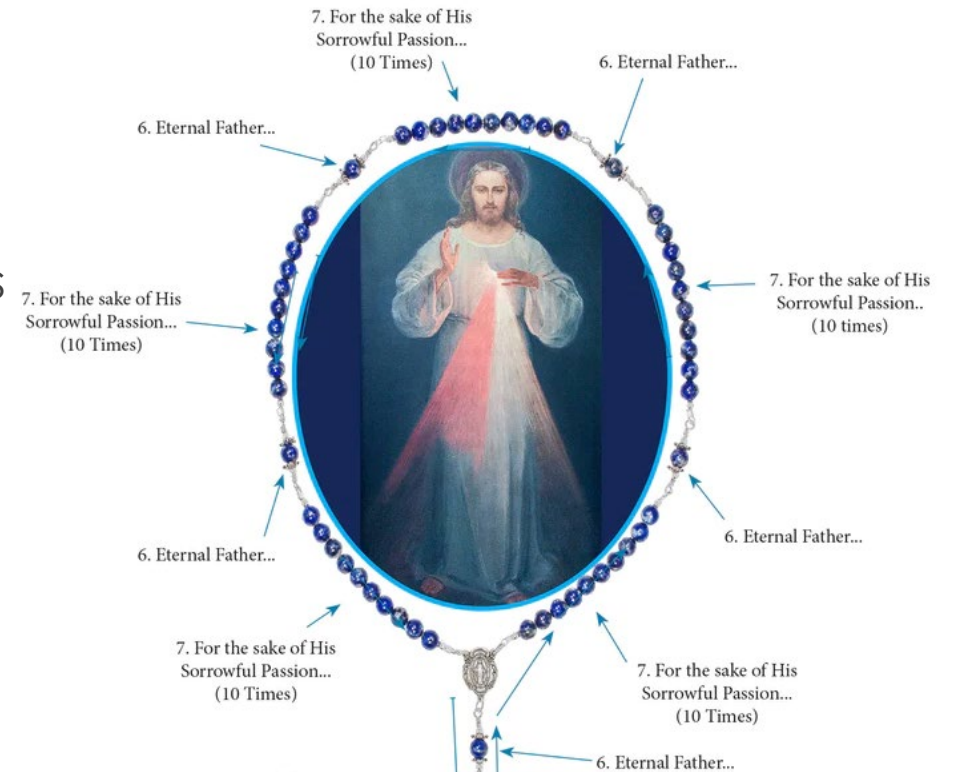
V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,

R. have mercy on us and on the whole world.



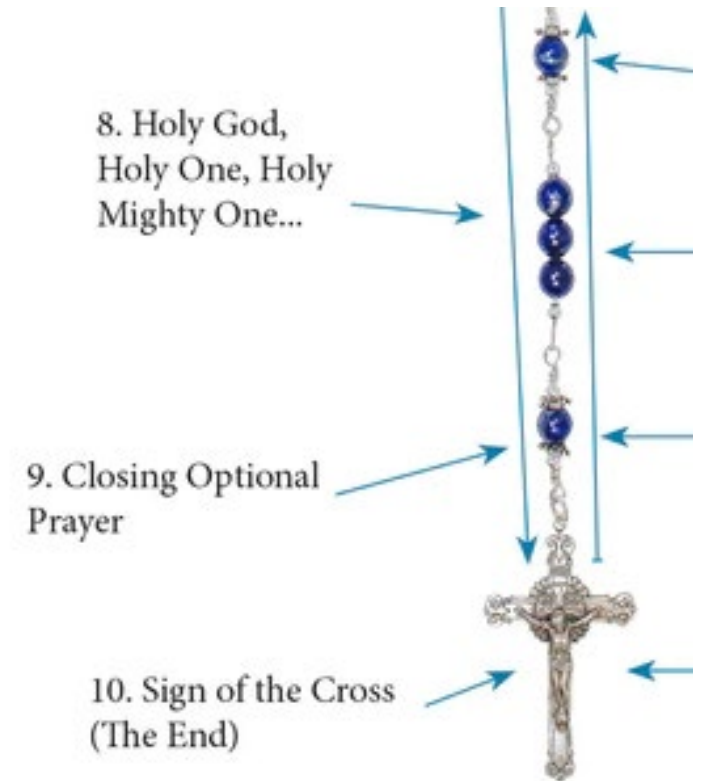
Chaplet Concluding Prayers

Repeat three times (all together)

Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world.

Closing Prayer of the Chaplet (all together)

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is love and mercy itself.



Cor Closing Prayer - Prayer for the Family from St. John Paul II

Lord God, from You every family in heaven and on earth takes its name. Father, You are Love and Life. Through Your Son, Jesus Christ, born of woman, and through the Holy Spirit, fountain of divine charity, grant that every family on earth may become for each successive generation a true shrine of life and love. Grant that Your grace may guide the thoughts and actions of husbands and wives for the good of their families and of all the families in the world. Grant that the young may find in the family solid support for their human dignity and for their growth in truth and love. Grant that love, strengthened by the grace of the sacrament of marriage, may prove mightier than all the weakness and trials through which our families sometimes pass. Through the intercession of the Holy Family of Nazareth, grant that the Church may fruitfully carry out her worldwide mission in the family and through the family. Through Christ our Lord, who is the Way, the Truth and the Life. Amen.



Next Steps

- ▶ Promote Cor to the Councils in your district:
 - ▶ Need for evangelization is well documented, but why councils?
 - ▶ We have the Infrastructure – 16,000 councils & 2 million members
 - ▶ We have the Resources – Cor, Faith in Action, Catholic Information Services, Into the Breach, Bible Study
- ▶ Member Engagement – But where is everybody?
 - ▶ Majority of council members not engaged in council life
 - ▶ Need to revitalize council life
- ▶ Revitalize dead Councils with Cor: give them a purpose!



Resources

- ▶ Cor Information: kofc.org/cor
 - ▶ Startup Resources: Cor Startup Guide & Cor Reference Guide
 - ▶ Content
- ▶ Into the Breach: kofc.org/intothebreach
- ▶ Men of the Word Bible Study: kofc.org/menoftheword
- ▶ Catholic Information Service: kofc.org/cis
 - ▶ Booklets
 - ▶ Devotionals
 - ▶ Courses



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