



## 2018 – 2019 Basketball Free Throw Information Package

### Contacts

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Hello my Brothers,

Greetings from your new State Free Throw Chairman. By way of introduction, I have been an active member within the Knights for 24 years, 20 of which I have been involved with the Free Throw program.

I'm happy to report that this year we will be including 3 new age divisions in our competition throughout all 4 levels within Ontario. The program will now include boys and girls 15, 16 and 17 years of age. Attached is the newly updated package for 2018-19 with new and modified forms to incorporate these 3 new age divisions. For participants in the elementary schools you can still use the Kits from Supreme, so please feel free to order them. For participants in your local high schools, please use the reports and materials provided in the updated Package.

With the expansion of the program, we are not only hoping that this will allow more children the opportunity to participate in this wonderful program, but we are also hoping to close the gap between the last age that the boys compete in to when they are eligible to join the Knights. We felt that with the 4-5 year gap in many of our programs that the boys forget about the positive experiences they had. Whereas closing the gap to less than a year may encourage these young men who participate in these programs to join the Knights when they turn 18.

Your District Deputies and I encourage your council to take advantage of this opportunity to get your local high school kids involved in the Program. If you have any questions, please don't hesitate to contact me or our State Community Program Director Bro. Earle DePass at [earfran@cogeco.ca](mailto:earfran@cogeco.ca).

Thank you for volunteering your time and efforts in this year's Free Throw Program and I look forward to helping you make it a successful one.



Bro. Anthony Viresi  
State Free Throw Chairman  
416-241-1522  
[viresi\\_kofc@yahoo.com](mailto:viresi_kofc@yahoo.com)

## **GUIDELINES AND RESPONSIBILITIES**

This program provides an opportunity for our youth 9 to 17 years of age to be engaged in a healthy competitive environment. The participants will have the opportunity to play at the Council, District and Regional levels. This can be promoted through schools, Columbian Squires' Circles and CYO's, hence giving us an opportunity to introduce our Order into our community.

Please find enclosed relevant information, materials and forms for the Basketball Free Throw Competitions.

### **1) Council Level:**

- Every council should order their kits from Supreme in mid August so they arrive in September. You need to have a location and date for your Council Free Throw by mid November so that your schools will have enough time to setup their Free Throws in December or January or if you are having an open invitation, enough time for your council to advertise it.
- Councils should complete their Free Throw Competition by **January 27<sup>th</sup>, 2019** and submit the Entry/Score Sheets of your Council winners to the District Deputy within 2-3 days after.
- Complete the Participation Report Form (SO-FT-1) by **January 31<sup>st</sup>, 2019** and submit it to your District Deputy and State Free Throw Chairman. For each school that has a school level competition, please make sure to communicate with them and have them fill out a FT-1(School) Form. This way you can have a grand total as your Council participation.

### **2) District Level:**

- District Deputies should have their Free Throw Competition by **February 17<sup>th</sup>, 2019**. You need to have a location and date for the District Free Throw by early November so that your councils will have enough time to set up their Free Throws in January.
- Please ensure that all Entry/Score Sheets of your District Winners are filled out completely and correctly! Please fill out the District Winners Form provided in this package and email it to your Regional Chairman at least 2 days before the Regional Competition takes place so they will know who to expect from your District. Also, in case something happens and the Chairman doesn't receive your Entry/Score Sheets, they will have the previous scores on the District Winners Form when your winners fill out a new Entry/Score Sheet at the Regional Level.
- Please complete the District Participation Report (SO-FT-2), also provided in this package, and email it to **Anthony Viresi by February 24<sup>th</sup>, 2019**.

### **3) Regional Level:**

- Regional Chairmen will need to have a location and date for the Regional Free Throws by the end of October so that your Districts will have enough time to set up their Free Throws accordingly. You will need to convene the Regional Free Throw Competitions by **March 9<sup>th</sup>, 2019** and have the Ontario Regional Winners Form completed and emailed to **Anthony Viresi by March 11<sup>th</sup>, 2019** so that the Ontario State Free Throw Winners can be determined and sent to Supreme for the International Competition.
- The Ontario State Winners will be announced at the State Convention in April 2019.

**Each participant must have the Free Throw Championship Entry form (#1598) filled out fully to include the individual's First and Last name, address, entrant signature, parent(s) signature and the affiliated Council Number when used at each level of competition.**

## **GUIDELINES FOR BASKETBALL FREE THROW COMPETITION**

- 1) All Kits will now need to be ordered through Supplies Online which can be accessed in the Officers Portal. Please get you GK or FS to order the kits for you.
- 2) These should be ordered in August to be ready for the start of school in September.
- 3) Please refer to the Free Throw Championship Playbook (#1928) for the procedures, rules and regulations. They are in each Free Throw Kit or at the following web link below. Please also refer to the **Eligibility and Equipment** portion included in this package.  
<http://www.kofc.org/un/en/resources/programs/free-throw-championship/1928-free-throw-playbook.pdf>
- 4) Each participant must have a completed Free Throw Championship Entry form (#1598 or #SO-1598). This score sheet is to be used to enter all levels of the competition (one score sheet per contestant for all competitions), should be completed with all the relevant information and the **age is determined as of January 1<sup>st</sup>**. The traditional #1598 that comes with the Supreme Free Throw Kits can be used for elementary school participants while the new SO-1598 provided in this package can be photocopied and used for high school participants.
- 5) Also included in this package is a **School Level - Class Entry Form (SO-1598CR)** that can be used for school level competitions. If you have teachers committed to running school level competitions where each school sends 8 -10 winners to your Council Free Throw, this form can be used. It makes the process a lot easier for the teachers and for the council when it comes time to print out participation certificates.
- 6) Please inform all the participants' parents or guardians that they must be present throughout all levels of competition that their child is competing in!
- 7) All scores should be verified before the next contestant is allowed to shoot. The use of videotape recording to resolve the scoring totals is not suggested. **Judges and scorers are given final authority in verifying all scores and violations.**
- 8) If the champion of a level cannot attend the next level, they forfeit and the 2nd place winner can go on to compete in their place. Try to determine this at the end of your competition or shortly after.
- 9) If your local schools are conducting School Level competitions, please ensure that your Council gets an accurate count of the numbers of participants from each school. Form FT1B(School) should be filled out by the Athletic Director or the teacher in charge.
- 10) **ALL LEVELS OF COMPETITION MUST HAVE A MINIMUM OF TWO VOLUNTEERS WHO HAVE COMPLETED THE SAFE ENVIRONMENT PROGRAM!** Chairmen at all 3 levels should ask their annual volunteers in the Free Throw to go through the program at the following web link.  
<http://www.kofc.org/un/en/members/programs/youth-activities/safe-environment-program.html>
- 11) Councils should complete their Free Throw by **January 27<sup>th</sup>, 2019**. The Grand Knight or the Council Free Throw Chairman are to complete the Free Throw Participation form SO-FT-1 **by January 31<sup>st</sup>**. **Please include in the Council Total the total number of participants from each school, as this increases our State Free Throw participation.**  
**THE SO-FT-1 MUST BE EMAILED TO YOUR DISTRICT DEPUTY AND TO THE STATE CHAIRMAN ANTHONY VIRESI.** The Council Free Throw Chairman will give the list of winners to the District Deputy and will ensure all the Entry Forms include the respective council number and the name of the school the participant attends.

- 12) The District Deputy will advise all his councils well in advance, of the date, time and place of the District Free Throw Competition, as this as to be completed by **February 17<sup>th</sup>, 2019**. Please also complete the District Deputy's Report (SO-FT2) included in this package and submit it to the State Chairman.
- 13) All the District Free Throw Winner's Score Sheets, #1598 or SO-1598, will be given to the Regional Chairmen. Please ensure that all the Participant forms submitted are filled out correctly and that they are legible. Contact information for the Regional Chairmen is included in this package.
- 14) The Regional Chairmen will advise District Deputies in advance, of the date, time and location of the Regional Competition. If possible, Council Chairmen and District Deputies should be available to assist with the registration and competition at the Regional Level.
- 15) Regional Free Throw Competition should be completed by **March 9<sup>th</sup>, 2019**. The Ontario Regional Winners Form needs to be sent to the **State Free Throw Chairman Anthony Viresi, no later than March 11<sup>th</sup>, 2019**, so the Ontario State Winners can be determined. Once I have determined the winners, I will personally contact the Regional Chairs indicating they have a state winner(s) and will request the Score Sheet of the winning participant(s).
- 16) The Ontario State Winners will be announced at the State Convention in April 2019. Ontario State Free Throw Winners ages 9 to 17 will also be sent to Supreme for the International Competition with final results in May.
- 17) **Awards:** Council - Certificates found in kits, District - Medallions and Certificates supplied from State Office, Regional - Medallions supplied from State Office. State Winners – Trophies presented at State Convention in April to local representative (DD or GK).
- 18) If your area does not have a Regional Chairman, please contact your Diocesan Association, to appoint one or suggest a brother Knight who would be interested.
- 19) For more information, materials, forms, etc., please visit the Supreme Website at the link below where the Basketball Free Throw Program page is located.

<http://www.kofc.org/en/programs/community/free-throw-championship.html#/Resources>

20) **LET'S WORK TOGETHER TO MAKE ONTARIO THE HIGHEST IN THE ORDER IN PARTICIPATION!**

**Let's also show how successful the program can be with the inclusion of High Schools!**

**"Coming together is a Beginning: Keeping together is Progress: Working together is Success!"**

**The Success of this Community Program depends on us all working together as a TEAM!**

## **Eligibility and Equipment**

### **Proof of Age**

- Each participant's age is determined as of January 1st.
- Included in this package is a Age Confirmation Chart to assist at the registration table.
- If a participant arrives to your competition and has competed in the wrong age category in previous levels, please have them compete in the proper category that day. Please explain to the participant why and make the correct age change on their form.
- In the Council through Regional Level, participants must compete within their own age category or else they cannot participate. At the State Level, if Score Sheets received indicate that a participant competed in the wrong age category at the Regional Level, that participant will be disqualified.

### **Free Throws**

- At all levels, participants receive 3 warm-up shots before taking their shots that count towards their score.
- Council Level participants shoot 15 consecutive free throws.
- District and Regional Level participants shoot 25 consecutive free throws.
- In case of a tie for first place at the Council and District Level or at the Regional Level for 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup>, when all the participants in the age category have finished shooting, those who are tied for the mentioned places will need to shoot again to break the ties.  
These participants will shoot in the same order as they did during the competition shooting 5 consecutive free throws each, with no warm-ups. Successive rounds will continue until the ties are broken and you have a single winner or a single person in each of the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place positions.

### **Basketball Size, Foul Lines, Free Throw Rules**

- 9, 10 & 11 year olds will use a women's regulation size ball (Size 6 / 28.5") & shoot from a 12 foot foul line.
- Girls Ages 12 to 17 will use a women's regulation size ball (Size 6 / 28.5") & shoot from the 15 foot foul line.
- Boys Ages 12 to 17 will use a men's regulation size ball (Size 7 / 29.5") & shoot from the 15 foot foul line.
- The baskets should be 10 feet off the ground for all age categories.
- The Foul Line is determined from the backboard of the basket, not from the basket itself.
- When a participant is shooting, their feet must remain behind the line! If the participant's foot or feet fall on the line or past it before the ball hits the rim or backboard, the shot will be counted as a miss.
- If the ball makes contact with the supporting structure that the backboard is attached to or the wall and goes in through the basket, the shot will count as a miss!

**Winning participants must be present at the next competition. If the winner cannot attend the next level, the second place winner can be sent in their place.**

# Five Steps to a Successful Free Throw

## Free Throw Competition Guidelines for Council, District & Regional Levels

### **Before the Event**

#### 1) Booking of the Facilities:

- Contact the school you want to use and book the gym for the Competition. You may have to confirm with the school first if the gym is available on the date you want and then book it through the School Boards Permit office. Also, ask the permit office about the Ministry of Education Community Use of Schools Grant and if a separate form for it has to be filled out. This Government Grant gives volunteer groups a discounted rate.
- Regional Chairs should be booking their gyms in late October, District Deputies in early November and Councils in mid November.
- Make sure when filling out the permits you include the use of change rooms, tables, chairs, and basketballs.
- Have the same number of tables and chairs for the number of baskets you plan to use for the scorers.

#### 2) Informing the Schools

- Supply posters to each school for display to advertise your competition.
- Make contact with the teacher who is most likely to run a school competition of this sort (phys.ed teacher, athletic director, classroom teacher, etc.) and provide him or her with the necessary information and materials.

#### 3) You'll Need lots of Help!

- You'll need 2 Brother Knights per net you plan to use and have 3-5 extra Brothers helping with registration and anything else you may need help with the day of the competition.
- Two Brother Knights are needed at each net, one is score keeping and observing line violation while the other Brother is confirming each shot for the score keeper and is the rebounder.

### **The Day of the Competition**

#### 4) Set-up

- Try to have a PA system for announcing and playing music for warm-ups.
- Juice and doughnuts for after the competition.
- Tape to mark both foul lines accordingly (measured from the backboard) at each net and make sure this is done before the participants show up for registration and warm-up.
- Have at least 7-9 tables for registration with large age signs on them. Have the same amount of Brother Knights, one registering for each age group.

#### 5) When the Participants Arrive

- Have music playing and balls out for warm-ups.
- Only regulation balls provided for the competition should be used. Outside balls should not be allowed.
- Have participants or their parents fill out the Entry Form/Score Sheet. Ensure that they check the correct age box, that at least one parent has signed the form and that all the required information such as D.O.B., mailing address, phone number and council number is filled out and legible!
- Make sure there are Bro. Knights in the gym during registration and warm-ups to direct participants to the correct basket, they are practicing from the correct foul line and to answer any question they or parents may have.
- Make sure they are given full and clear instructions before the competition begins.

## KNIGHTS OF COLUMBUS FREE THROW CHAMPIONSHIP PROGRAM ACTION LIST

<b>Time Line/Due Date</b>	<b>Action</b>	<b>Done by</b>
July/August	Outline program to Grand Knights and encourage Council participation at District Meeting	District Deputy
August	Appoint Council Free Throw Championship Chairman	Grand Knight
Mid August	Order K of C Free Throw Championship Kits (#FT-KIT) through Supplies Online which can be accessed in the Officers Portal	Grand Knight or Financial Secretary
Late September	Contact schools to advise them of the program and emphasize how easy it is to conduct. (Encourage it to be a part of Physical Education program)	Council Chairman
Late October	Arrange time, date and place of Regional competition and advise District Deputies and Grand Knights	Regional Chairman
Early November	Arrange time, date and place of District competition and advise Council Chairmen and Grand Knights	District Deputy
Mid November	Arrange time, date and place of Council competition and advise schools, Grand Knight and District Deputy	Council Chairman
December	District Champion Medallions to be picked up at the DD's meeting in December	District Deputy
As appropriate throughout program	Publicize program using local media, posters provided in the FT-Kits can be placed in schools, community centers, churches, etc. Write ups in weekly Church Bulletins and monthly school Event Calendars is a good way to reach each family.	Council Chairman, Grand Knight, District Deputy
By January 27 <sup>th</sup>	Conduct Council competition	Council Chairman
By January 31 <sup>st</sup>	Provide entry form/score sheets for Council winners to the District Deputy for the District competition	Council Chairman
January 31 <sup>st</sup>	Complete and email the Free Throw Championship Form (SO-FT-1) found in this package to your District Deputy and the State Free Throw Chairman (NOTE: NUMBER OF PARTICIPANTS AT COUNCIL LEVEL IS THE <u>TOTAL</u> NUMBER THAT COMPETED AT THE SCHOOL LEVELS)	Grand Knight
By February 17 <sup>th</sup>	Conduct District competition	District Deputy
February 20 <sup>th</sup>	Provide entry form/score sheets for the District winners to the Regional Chairman for the Regional competition	District Deputy
February 24 <sup>th</sup>	Complete and email the District Free Throw Report (SO-FT-2) found in this package to the State Free Throw Chairman	District Deputy
By March 9 <sup>th</sup>	Conduct Regional competition	Regional Chairman (District Deputies assist)
By March 11 <sup>th</sup>	Complete the Basketball Free Throw Ontario Regional Winners Report and the Entry form/Score sheets for the Regional winners and email both to the State Chairman	Regional Chairman
April	Relax, pat yourself on the back for a job well done and enjoy! Again, thank you for all the hard work that you do.	All Good Knights who contributed to the program



# Sample Letter to Schools

Dear (Principal/Teacher's Name),

Every year the Knights of Columbus sponsors a Basketball Free Throw Championship open to all boys and girls ages 9 to 17. This year our Council would like to invite you to participate at the local level by conducting an in-school competition. If a School Level Competition is not possible, all school entries are eligible to participate at the Council Level in a open invitation competition.

I assure you, this is not a program which adds significantly to a teacher's already busy schedule. On the contrary, schools which have been involved in the past welcome the competition because it provides an excellent motivational tool to enhance their physical education or extra-curricular programs.

Each child competes within his or her own age and gender category, with the winners advancing to a Council competition in January. All contestants receive a participation certificate and the winners have the opportunity to continue at successive levels of competition. The School Level competition can be conducted at the school's convenience anytime prior to mid January. (Date is chosen by council)

Enclosed you will find posters to help you advertise the event, entry forms, score sheets, and the rules and regulations for Council competition.

I look forward to meeting with you to outline a wonderful opportunity for your students to have fun while taking part in a most worthwhile program.  
Further information regarding contest details may be obtained by contacting me at the following phone #  
\_\_\_\_\_.

Yours truly,

Your Name, Grand Knight  
Council Name and Number

**BASKETBALL FREE THROW REGIONAL CHAIRMEN & DISTRICTS**  
**LES DIRECTEURS RÉGIONAUX & LES DISTRICTS DU LANCER-LIBRE DE BASKETBALL**

Region	Area	Districts	Regional Chairman	Address	Contact
1	Windsor & Chatham Area	10, 16, 21, 23, 39, 51, 76, 88, 115	Derek Renaud	1228 Windermere Road Windsor, N8Y 3E8	(519) 253-7364 derrenaud24@hotmail.com
2	Southern Half of Golden Horseshoe & Owen Sound	6, 7, 8, 26, 28, 35, 55, 60, 62, 64, 67, 69, 83, 100, 105, 109, 113	Ted Jasica	37 Meadowpark Place RR2 Petersburg, N0B 2H0	(519) 572-9965 tjasica7@gmail.com
3	Eeat GTA	5, 36, 63, 65, 70, 77, 87, 90, 95, 97, 107, 108, 111	Eardley Adams	15 Waterwheel Street Markham, L3P 6M5	(905) 554-1997 eardley.adams@ymail.com
4	North & West GTA, Simcoe Area	19, 24, 27, 33, 43, 50, 53, 86, 89, 91, 94, 96, 99, 102, 103, 106, 110, 114	Vacant!!! Need Volunteer!	Vacant!!! Need Volunteer!	Vacant!!! Need Volunteer!
5	Kingston Area	3, 20, 30, 57, 73, 93	Steven Dillabough James Mckenzie	2510 County Rd. 2 Johnstown, K0E 1T1	(613) 925-3103 sdillabough1@cogeco.ca
6	North Bay, Perry Sound & Muskoka Area	25, 47, 56, 59	Jacques Fournier	570 Demers Street Sturgeon Falls, P2B 0A1	(705) 358-1617 jffournier4848@gmail.com
7	Timmins Area	11, 18, 52, 71	Kevin Columbus	370 Hemlock St. Timmins, P4N 6T2	(705) 267-5569, (705) 363-8996 kevincolumbus20@gmail.com
8	Thunder Bay & Northern Lake Superior Area	14, 45, 112	Wesley Ramage	4005 Hunter Road Thunder Bay, P7G 2E6	(807) 252-3782 wesleykofc@gmail.com
9	West-North West Thunder Bay Area	15, 37	David Sharp	RR #1 Stratton, P0W 1N0	(807) 483-5816 rosemariasharp@yahoo.com
10	Sudbury Area	13, 41, 74, 80	Donald Gauthier	119 Glendale Ave. Sudbury, P3B 3B7	(705) 524-0980 jyexp@hotmail.com
11	Greater Ottawa & Pembroke Area	1, 2, 17, 42, 44, 54, 58, 66, 78, 79, 85, 92, 98, 101	Mark McAvoy	45 Eastpark Ottawa, K1B 3Z6	(613) 830-3032 markmcavoy@bell.net
12	London & Sarnia Areas	9, 22, 31, 40, 49, 61, 68, 72, 84, 104	Michael Boric	115 Forest Ave. St. Thomas, N5R 2J8	(519) 983-7440 michaelboric@hotmail.com
13	Cornwall Area	32, 75, 81	Dan Landry	632 Fraser Ave. Cornwall, K6H 5R1	(613) 933-3248 dlandry2170@gmail.com
14	Hearst Area	12, 46	Yvon Nolet	PO Box 254 Mattice, P0L 1T0	(705) 373-2823 yvon.nolet@hotmail.com
15	Peterborough Area	4, 29, 48, 82, 97	Kevin Heffernan	1401 White Cres. Peterborough, K9K 2L5	(647) 775-5448 robkevheffernan@nexicom.net
16	Sault Ste Marie Area	34, 38	Steve Summers	1 - 43 Sinclair Dr. Sault Ste. Marie, P6A 0E9	705-542-3620 steve.columbiantowers@shaw.ca





SCHOOL NAME: \_\_\_\_\_

TEACHER'S NAME: \_\_\_\_\_

**BOY WINNER:** \_\_\_\_\_

**GRADE:** \_\_\_\_\_

**GIRL WINNER:** \_\_\_\_\_

[illegible]

**RETURN THIS FORM COMPLETED SO THAT ALL PARTICIPANTS CAN RECEIVE A CERTIFICATE.**

THE 10 - 12 WINNERS FROM EACH SCHOOL ARE TO COMPLETE AN "ENTRY FORM SHEET" WITH IT SIGNED BY A PARENT/GUARDIAN.

# FREE THROW PARTICIPATION REPORT FORM SCHOOL LEVEL

Due By:  
January 31

PLEASE INDICATE THE NUMBER OF PARTICIPANTS IN THE SCHOOL CONTEST:

AGE GROUPS	9	10	11	12	13	14	15	16	17	TOTALS
BOYS	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
GIRLS	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
TOTALS	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____

KNIGHTS OF COLUMBUS

**FREE THROW  
CHAMPIONSHIP**

## CONTEST PARTICIPATION REPORT FORM:

Immediately following the local school contest, the School Athletic Director or the teacher in charge, should complete and submit the Free Throw Participation Form (FT-1 School) to the Council Free Throw Chairman. This form provides the Council in your area and the State Chairman with valuable statistics as well as feedback about the program in general.

## PERSONAL COMMENTS OR OBSERVATIONS CONCERNING THE FREE THROW BASKETBALL PROGRAM:




SIGNED: \_\_\_\_\_  
School Athletic Director / Teacher

SCHOOL NAME \_\_\_\_\_

CITY/TOWN \_\_\_\_\_

# FREE THROW PARTICIPATION REPORT FORM

Due By:  
January 31

PLEASE INDICATE THE NUMBER OF PARTICIPANTS IN YOUR COUNCIL CONTEST:

AGE GROUPS	9	10	11	12	13	14	15	16	17	TOTALS
BOYS	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
GIRLS	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
TOTALS	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

KNIGHTS OF COLUMBUS

**FREE THROW  
CHAMPIONSHIP**

## CONTEST PARTICIPATION REPORT FORM:

Immediately following the local council contest, the grand knight should complete and submit the Free Throw Participation Form (SO-FT-1) to your District Deputy and State Free Throw Chairman. This form provides the Supreme Council office with valuable participation statistics as well as feedback about the program in general.

## PERSONAL COMMENTS OR OBSERVATIONS CONCERNING THE FREE THROW BASKETBALL PROGRAM:




SIGNED: \_\_\_\_\_

Grand Knight

COUNCIL NO. \_\_\_\_\_

CITY/TOWN \_\_\_\_\_

STATE/PROVINCE \_\_\_\_\_

MAIL ORIGINAL TO: Council File

EMAIL COPIES TO: State Deputy, State FT Chairman, District Deputy

SO - FT-1 05/18



# FREE THROW PARTICIPATION REPORT FORM DISTRICT LEVEL

Due By:  
January 31

PLEASE INDICATE THE NUMBER OF PARTICIPANTS IN YOUR ENTIRE DISTRICT:

COUNCIL #								TOTALS
BOYS	_____	_____	_____	_____	_____	_____	_____	_____
GIRLS	_____	_____	_____	_____	_____	_____	_____	_____
TOTALS	_____	_____	_____	_____	_____	_____	_____	_____

KNIGHTS OF COLUMBUS

**FREE THROW  
CHAMPIONSHIP**

## CONTEST PARTICIPATION REPORT FORM:

Immediately following the completion of all the council contests within the district, the District Deputy shall complete and submit the District Level Free Throw Participation Form (SO-FT-2) to the State Free Throw Chairman. This form provides State and Supreme with valuable statistics as well as feedback about the program in general.

## PERSONAL COMMENTS OR OBSERVATIONS CONCERNING THE FREE THROW BASKETBALL PROGRAM:




SIGNED: \_\_\_\_\_  
District Deputy

DISTRICT NO. \_\_\_\_\_

CITY/TOWN \_\_\_\_\_



# KNIGHTS OF COLUMBUS BASKETBALL FREE THROW DISTRICT WINNERS



## 9 YEAR OLDS

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

## 10 YEAR OLDS

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

## 11 YEAR OLDS

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

## 12 YEAR OLDS

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

## 13 YEAR OLDS

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

District # \_\_\_\_\_ District Deputy: \_\_\_\_\_



**14 YEAR OLDS**

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

**15 YEAR OLDS**

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

**16 YEAR OLDS**

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

**17 YEAR OLDS**

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

School Name: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Council Score: \_\_\_\_\_ District Score: \_\_\_\_\_

District # \_\_\_\_\_ District Deputy: \_\_\_\_\_

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Please email this form to your Regional Free Throw Chairman no less than 2 days before the scheduled Regional Free Throw.



# KNIGHTS OF COLUMBUS BASKETBALL FREE THROW ONTARIO REGIONAL WINNERS



## 9 YEAR OLDS

Name: _____	Name: _____
Address: _____ _____	Address: _____ _____
Contact # _____	Contact # _____
Council # _____ D.O.B.: _____	Council # _____ D.O.B.: _____
School Name: _____	School Name: _____
Regional Score: _____ District Score: _____	Regional Score: _____ District Score: _____
Council Score: _____	Council Score: _____

## 10 YEAR OLDS

Name: _____	Name: _____
Address: _____ _____	Address: _____ _____
Contact # _____	Contact # _____
Council # _____ D.O.B.: _____	Council # _____ D.O.B.: _____
School Name: _____	School Name: _____
Regional Score: _____ District Score: _____	Regional Score: _____ District Score: _____
Council Score: _____	Council Score: _____

## 11 YEAR OLDS

Name: _____	Name: _____
Address: _____ _____	Address: _____ _____
Contact # _____	Contact # _____
Council # _____ D.O.B.: _____	Council # _____ D.O.B.: _____
School Name: _____	School Name: _____
Regional Score: _____ District Score: _____	Regional Score: _____ District Score: _____
Council Score: _____	Council Score: _____

**12 YEAR OLDS**

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

Contact # \_\_\_\_\_

Contact # \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

School Name: \_\_\_\_\_

Regional Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Regional Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Council Score: \_\_\_\_\_

Council Score: \_\_\_\_\_

**13 YEAR OLDS**

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

Contact # \_\_\_\_\_

Contact # \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

School Name: \_\_\_\_\_

Regional Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Regional Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Council Score: \_\_\_\_\_

Council Score: \_\_\_\_\_

**14 YEAR OLDS**

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

Contact # \_\_\_\_\_

Contact # \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

School Name: \_\_\_\_\_

Regional Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Regional Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Council Score: \_\_\_\_\_

Council Score: \_\_\_\_\_

**15 YEAR OLDS**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Contact # \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Regional Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Council Score: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Contact # \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Regional Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Council Score: \_\_\_\_\_

**16 YEAR OLDS**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Contact # \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Regional Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Council Score: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Contact # \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Regional Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Council Score: \_\_\_\_\_

**17 YEAR OLDS**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Contact # \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Regional Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Council Score: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Contact # \_\_\_\_\_

Council # \_\_\_\_\_ D.O.B.: \_\_\_\_\_

School Name: \_\_\_\_\_

Regional Score: \_\_\_\_\_ District Score: \_\_\_\_\_

Council Score: \_\_\_\_\_

Region # \_\_\_\_\_ Regional Chairman: \_\_\_\_\_

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Please Email this report by March 11 th to:

Anthony Viresi, State Basketball Free Throw Chairman  
viresi\_kofc@yahoo.com

Age	Date Range	Age	Date Range
0 Yrs Old	Jan. 2 <sup>nd</sup> , 2018 – Dec. 31 <sup>st</sup> 2018	0 Yrs Old	Jan. 2 <sup>nd</sup> , 2018 – Dec. 31 <sup>st</sup> 2018
1 Yrs Old	Jan. 2 <sup>nd</sup> , 2017 – Dec. 31 <sup>st</sup> 2017	1 Yrs Old	Jan. 2 <sup>nd</sup> , 2017 – Dec. 31 <sup>st</sup> 2017
2 Yrs Old	Jan. 2 <sup>nd</sup> , 2016 – Dec. 31 <sup>st</sup> 2016	2 Yrs Old	Jan. 2 <sup>nd</sup> , 2016 – Dec. 31 <sup>st</sup> 2016
3 Yrs Old	Jan. 2 <sup>nd</sup> , 2015 – Dec. 31 <sup>st</sup> 2015	3 Yrs Old	Jan. 2 <sup>nd</sup> , 2015 – Dec. 31 <sup>st</sup> 2015
4 Yrs Old	Jan. 2 <sup>nd</sup> , 2014 – Dec. 31 <sup>st</sup> 2014	4 Yrs Old	Jan. 2 <sup>nd</sup> , 2014 – Dec. 31 <sup>st</sup> 2014
5 Yrs Old	Jan. 2 <sup>nd</sup> , 2013 – Dec. 31 <sup>st</sup> 2013	5 Yrs Old	Jan. 2 <sup>nd</sup> , 2013 – Dec. 31 <sup>st</sup> 2013
6 Yrs Old	Jan. 2 <sup>nd</sup> , 2012 – Dec. 31 <sup>st</sup> 2012	6 Yrs Old	Jan. 2 <sup>nd</sup> , 2012 – Dec. 31 <sup>st</sup> 2012
7 Yrs Old	Jan. 2 <sup>nd</sup> , 2011 – Dec. 31 <sup>st</sup> 2011	7 Yrs Old	Jan. 2 <sup>nd</sup> , 2011 – Dec. 31 <sup>st</sup> 2011
8 Yrs Old	Jan. 2 <sup>nd</sup> , 2010 – Dec. 31 <sup>st</sup> 2010	8 Yrs Old	Jan. 2 <sup>nd</sup> , 2010 – Dec. 31 <sup>st</sup> 2010
9 Yrs Old	Jan. 2 <sup>nd</sup> , 2009 – Dec. 31 <sup>st</sup> 2009	9 Yrs Old	Jan. 2 <sup>nd</sup> , 2009 – Dec. 31 <sup>st</sup> 2009
10 Yrs Old	Jan. 2 <sup>nd</sup> , 2008 – Dec. 31 <sup>st</sup> 2008	10 Yrs Old	Jan. 2 <sup>nd</sup> , 2008 – Dec. 31 <sup>st</sup> 2008
11 Yrs Old	Jan. 2 <sup>nd</sup> , 2007 – Dec. 31 <sup>st</sup> 2007	11 Yrs Old	Jan. 2 <sup>nd</sup> , 2007 – Dec. 31 <sup>st</sup> 2007
12 Yrs Old	Jan. 2 <sup>nd</sup> , 2006 – Dec. 31 <sup>st</sup> 2006	12 Yrs Old	Jan. 2 <sup>nd</sup> , 2006 – Dec. 31 <sup>st</sup> 2006
13 Yrs Old	Jan. 2 <sup>nd</sup> , 2005 – Dec. 31 <sup>st</sup> 2005	13 Yrs Old	Jan. 2 <sup>nd</sup> , 2005 – Dec. 31 <sup>st</sup> 2005
14 Yrs Old	Jan. 2 <sup>nd</sup> , 2004 – Dec. 31 <sup>st</sup> 2004	14 Yrs Old	Jan. 2 <sup>nd</sup> , 2004 – Dec. 31 <sup>st</sup> 2004
15 Yrs Old	Jan. 2 <sup>nd</sup> , 2003 – Dec. 31 <sup>st</sup> 2003	15 Yrs Old	Jan. 2 <sup>nd</sup> , 2003 – Dec. 31 <sup>st</sup> 2003
16 Yrs Old	Jan. 2 <sup>nd</sup> , 2002 – Dec. 31 <sup>st</sup> 2002	16 Yrs Old	Jan. 2 <sup>nd</sup> , 2002 – Dec. 31 <sup>st</sup> 2002
17 Yrs Old	Jan. 2 <sup>nd</sup> , 2001 – Dec. 31 <sup>st</sup> 2001	17 Yrs Old	Jan. 2 <sup>nd</sup> , 2001 – Dec. 31 <sup>st</sup> 2001

**Note: If participant's D.O.B is Jan. 1<sup>st</sup>, they will be a year older. ie, Jan. 1<sup>st</sup>, 2003 is 16 years old!**

**Note: If participant's D.O.B is Jan. 1<sup>st</sup>, they will be a year older. ie, Jan. 1<sup>st</sup>, 2003 is 16 years old!**

**Notes:**

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.